

DexaFit Colorado Internship Program

Program Requirements Checklist

This checklist outlines the essential requirements for students and institutions participating in the DexaFit Colorado Internship Program. It serves as a reference guide to ensure all parties understand the expectations and prerequisites for successful program participation.

Student Requirements

Eligibility Requirements

- ☐ Currently enrolled at partner institution (CU Denver, MSU Denver, or Community College of Denver)
- ☐ Minimum GPA requirement met (as specified by academic department)
- ☐ Completed relevant coursework prerequisites
- ☐ Professional demeanor and communication skills demonstrated
- ☐ Interest in health, wellness, and business development
- ☐ Commitment to full program duration (6 months/two semesters)

Application Process Requirements

- ☐ Completed online application through DexaFit portal
- ☐ Resume/CV submission
- ☐ Academic transcript submission
- ☐ Personal statement outlining interest and goals
- ☐ Reference contact information (academic and professional)
- ☐ Availability for initial screening interview
- ☐ Completion of technical aptitude assessment
- ☐ Participation in final interview with program director

Pre-Program Preparation

- ☐ Review program orientation materials
- ☐ Complete background check (if required)
- ☐ Sign confidentiality and professional conduct agreements
- ☐ Arrange transportation to training facility
- ☐ Confirm schedule availability for required hours (two days per week on-site)
- ☐ Obtain appropriate professional attire
- ☐ Review basic anatomy and physiology concepts
- ☐ Familiarize with program learning objectives

Program Participation Requirements

- ☐ Maintain consistent attendance (24 hours/week core commitment)
- ☐ Complete optional extracurricular tasks when possible (6 hours/week)
- ☐ Complete all required certifications (BLS, Radiation Safety, DEXA, Metabolic Testing)
- ☐ Fulfill minimum scan/test requirements for each modality
- ☐ Participate in weekly BNI networking activities
- ☐ Contribute to blog and content creation assignments
- ☐ Attend all required training sessions and workshops
- ☐ Complete all evaluation and assessment activities
- ☐ Develop comprehensive professional portfolio
- ☐ Participate in non-profit board activities
- ☐ Engage in mentoring and leadership opportunities

Graduation Requirements

- ☐ Successful completion of all technical certifications
- ☐ Minimum scan/test requirements met for each modality
- ☐ Portfolio of completed work submitted and approved
- ☐ Final presentations delivered
- ☐ Client consultation evaluations satisfactory
- ☐ Leadership capabilities demonstrated
- ☐ All program evaluations and feedback forms completed
- ☐ Exit interview with program director completed

Academic Institution Requirements

Partnership Establishment

- ☐ Signed memorandum of understanding with DexaFit Colorado
- ☐ Designated academic liaison appointed
- ☐ Credit hour equivalency agreement established
- ☐ Learning objectives alignment verified
- ☐ Student selection process coordination established
- ☐ Communication protocols established
- ☐ Program evaluation criteria agreed upon
- ☐ Academic calendar coordination completed

Program Integration

- ☐ Internship listed in institutional course catalog
- ☐ Credit application process defined for students
- ☐ Faculty advisor assignment process established
- ☐ Progress reporting mechanisms implemented
- ☐ Academic learning objectives integration completed
- ☐ Assessment criteria alignment verified
- ☐ Internship promotion materials approved
- ☐ Information sessions scheduled at institution

Ongoing Coordination

- ☐ Regular communication schedule with program director established
- ☐ Progress reporting timeline agreed upon
- ☐ Mid-term evaluation process implemented
- ☐ Final evaluation and credit award process defined
- ☐ Student feedback collection mechanism established
- ☐ Program improvement input opportunities scheduled
- ☐ Annual partnership review process established
- ☐ Curriculum update notification process implemented

DexaFit Colorado Commitments

Program Administration

- ☐ Program director oversight and quality assurance
- ☐ Technical supervisor training supervision
- ☐ Business development mentor guidance
- ☐ Regular evaluation and feedback to interns
- ☐ Academic institution coordination
- ☐ Curriculum updates and refinement
- ☐ Equipment maintenance and calibration

- ☐ Facility management and safety compliance

Resource Provision

- ☐ Dedicated DEXA scanning room
- ☐ Metabolic testing area
- ☐ Classroom/training room (minimum capacity: 8 people)
- ☐ Computer workstations for interns
- ☐ Meeting space for client consultations
- ☐ DEXA scanner(s) and maintenance
- ☐ VO2/metabolic testing equipment
- ☐ Calibration phantoms and quality control tools

Educational Materials

- ☐ DEXA operation manuals
- ☐ Metabolic testing protocols
- ☐ BLS training materials
- ☐ Radiation safety guidelines
- ☐ Clinical procedure documentation
- ☐ BNI membership and materials
- ☐ AI platform subscriptions
- ☐ Content creation guidelines

Intern Support

- ☐ Transportation and meal allowances for full days
- ☐ Professional development fund
- ☐ Certification examination fee coverage
- ☐ Completion certificates and recognition
- ☐ Performance-based incentives
- ☐ Networking event sponsorship
- ☐ Professional association student memberships

Timeline Requirements

Pre-Launch Phase (3 Months Prior)

- ☐ Curriculum finalization
- ☐ Evaluation materials development
- ☐ Recruitment materials creation
- ☐ Academic institution partnerships established
- ☐ Information sessions at partner institutions
- ☐ Application system setup
- ☐ Selection committee formation
- ☐ Training space preparation

Program Initiation

- ☐ Orientation completed
- ☐ Baseline skill assessment conducted
- ☐ Expectation setting and goal alignment established
- ☐ Team building activities conducted
- ☐ BLS certification completed
- ☐ Radiation safety training initiated
- ☐ DEXA fundamentals introduction provided

- ☐ BNI introduction completed

Ongoing Management

- ☐ Weekly progress meetings conducted
- ☐ Bi-weekly evaluation sessions held
- ☐ Monthly program review and adjustment completed
- ☐ Quarterly curriculum refinement implemented
- ☐ Intern feedback collection and implementation
- ☐ Client feedback on intern performance gathered
- ☐ Academic institution input integration
- ☐ Industry trend incorporation

This Program Requirements Checklist serves as a comprehensive reference to ensure all stakeholders understand their responsibilities and requirements for successful participation in the DexaFit Colorado Internship Program. Regular review of this checklist throughout the program will help maintain alignment with program goals and expectations.