

DexaFit Colorado Internship Program

Credit Alignment Guide

This guide is designed to assist academic institutions in evaluating the DexaFit Colorado Internship Program for academic credit. The program has been structured to align with common university credit requirements while providing valuable professional development opportunities for students.

Credit Hour Alignment

Total Program Hours: - Weekly Time Commitment: 24 hours/week core commitment \times 24 weeks = 576 hours - Optional Extracurricular Tasks: 6 hours/week \times 24 weeks = 144 hours (if completed) - Total Potential Program Hours: 576-720 hours

Credit Hour Conversion Guidelines: Based on common academic standards where 45-48 hours of internship work typically equates to 1 academic credit: - Core Program Hours (576 hours) 12 credits - With Optional Extracurricular Tasks (720 hours) 15 credits

Suggested Credit Distribution: - Technical Skills Component: 6-7 credits - Business Development Component: 3-4 credits - Leadership & Professional Development Component: 3-4 credits

Learning Objectives Alignment

The program's learning objectives have been designed to align with common academic requirements across health sciences, business, and leadership disciplines:

Health Sciences / Exercise Science / Kinesiology: - Demonstrate proficiency in DEXA scanning techniques and protocols - Apply knowledge of anatomy and physiology to body composition analysis - Interpret metabolic testing results and develop evidence-based recommendations - Implement proper radiation safety protocols in clinical settings - Document and analyze client health metrics according to industry standards

Business Administration / Health Management: - Develop effective networking and relationship-building skills in professional settings - Apply business fundamentals to health and wellness operations - Utilize AI tools for business analytics and content creation - Create and implement marketing strategies for health services - Demonstrate understanding of basic accounting and financial concepts

Leadership / Professional Development: - Mentor and train peers in technical procedures - Participate effectively in non-profit board governance - Develop and deliver professional presentations - Create comprehensive client consultation protocols - Demonstrate project management skills in health initiatives

Deliverables & Assessment Alignment

The program includes structured deliverables and assessment methods that align with academic evaluation requirements:

Technical Competency Assessment: - Weekly practical assessments with documented results - Certification examination results (BLS, DEXA, Metabolic Testing) - Client case documentation and analysis - Technical skills portfolio with completed scan documentation - Error rate tracking and improvement documentation

Professional Development Assessment: - Content creation portfolio (blog posts, educational materials) - Networking effectiveness metrics (referrals, relationships) - Leadership capability evaluation - Presentation skills assessment - Client communication quality assessment

Final Deliverables: - Comprehensive professional portfolio - Case studies of client interactions - Digital portfolio of accomplishments - Final technical competency examination results - Leadership development documentation

Academic Integration Framework

Documentation Provided to Academic Institutions: - Bi-weekly evaluation reports - Monthly progress summaries - Certification completion documentation - Competency assessment results - Supervisor evaluation forms - Portfolio of completed work

Academic Advisor Coordination: - Regular communication schedule with academic advisors - Mid-term and final evaluation meetings - Learning objective alignment verification - Credit hour documentation - Competency verification for department requirements

Flexibility Provisions: - Customizable learning objectives to meet specific departmental requirements - Adjustable hours during exam periods - Alignment with academic calendar variations - Coordination with course requirements - Vacation alignment with academic breaks

Department-Specific Alignment Suggestions

Health Sciences / Kinesiology Departments: - Focus on technical certification components - Emphasis on clinical application of anatomy and physiology - Documentation of client assessment procedures - Research applications of DEXA technology

Business Administration Departments: - Focus on BNI participation and networking development - Emphasis on business fundamentals and marketing - Documentation of business growth strategies - AI applications for business analytics

Leadership / Professional Studies Departments: - Focus on mentoring and leadership development - Emphasis on non-profit board participation - Documentation of leadership development - Training and supervision skills development

Contact Information for Academic Coordination

For detailed academic credit discussions and customized alignment plans, please contact:

Program Director DexaFit Colorado Internship Program [Contact information to be added by DexaFit]

This guide serves as a framework for academic credit alignment and can be customized to meet the specific requirements of individual academic departments and institutions.